

# Eat More Veggies! Join a CSA!



**2010 Harvest Shares now available for weekly pickup at McRitchie Winery!**



**MC RITCHIE**  
WINERY & CIDERWORKS

315 Thurmond P.O. Road  
Thurmond, NC  
336.874.3003  
[McRitchieWine.com](http://McRitchieWine.com)

Get a subscription for health and wellness: purchase your share now and receive a week's worth of healthy organic fruits and vegetables grown right here at Tumbling Shoals Farm in Wilkes County and picked at the peak of ripeness throughout the growing season

Now available for weekly pick up at McRitchie Winery: get your local veggies and wine at one convenient location!

*Tumbling  
Shoals  
Farm*

A large, stylized script font title "Tumbling Shoals Farm". To the left of the "T" is a detailed line drawing of a head of garlic with its green tops still attached.

More information available at  
[tumblingshoalsfarm.com](http://tumblingshoalsfarm.com)  
or email [shiloh@blast.com](mailto:shiloh@blast.com)  
or call 336-452-2920